



# COVID RECOVERY IOWA is here to help.

**COVID Recovery Iowa** offers a variety of services to anyone affected by the Coronavirus pandemic in any way. Virtual counselors provide counseling, activities, referral information and help finding resources to any Iowan seeking personal support.

A person can access all **COVID Recovery Iowa Services** by completing an online contact form to connect with an outreach counselor who will guide to resources and support tailored to individual needs. The site translates into 65 languages. [www.COVIDrecoveryiowa.org](http://www.COVIDrecoveryiowa.org)



**Iowa Warm Line 844-775-WARM (9276):** Provides confidential access to peer counseling and can connect you upon request with **COVID Recovery Iowa Services**. Provides confidential access to virtual counselors and information and referral services for a wide variety of topics, including COVID-19 services. Language interpretation service is available.



**Iowa Concern: 800-447-1985:** Provides confidential access to stress counselors and an attorney for legal education focusing on rural and agricultural issues. Iowa Concern services are available 24 hours a day, seven days per week at no charge. Language interpretation service is available.

**541-800-3687 Answered Live in Spanish:** Se responde en vivo en español. Proporciona acceso confidencial a consejeros virtuales, información, y una variedad de servicios de remisión que incluyen servicios relacionados a COVID19.

