





March Menus 2018

EAST MILLS COMMUNITY SCHOOL DISTRICT

BREAKFAST AND LUNCH MENU SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PLEASE REMEMBER TO KEEP MONEY IN YOUR CHILD'S MEAL ACCOUNT, THANKS				1. B WG Bkf Patty, WG Toast, Juice, Apple L. Chicken Fajita/WG Flour Shell/Lettuce/Cheese, Tomato, Corn, Pineapple, WG Rice	2. B WG Muffin, Juice, Orange L. WG Cheese Quesadilla, Romaine Lettuce, Carrot Sticks, Mixed Fruit, WG Cookie	3. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"
4. WG Cereal Bar/Cereal/Pop Tart, WW Toast offered alternative breakfast k-12. WG Bagel/Yogurt offered 7-12.	5. L. WG Burrito/Cheese Sauce, Winter Mix, Mixed Vegetables, Mandarin Oranges	6. B WG Bkf Burrito, Juice, Apple L. Hot Dog/WG Bun, Baked Beans, Savory Carrots, Pears, WG Baked Chips	7. B WG Pancake Stick, Juice, Banana L. WG Chicken Drumsticks, Mashed Potato/Gravy, Green Beans, Peaches, WG Rice Krispie Bar	8. B Sausage, WG Toast, Juice, Orange L. WG Spaghetti/Meat Sauce, Romaine Lettuce, Carrot Sticks, Pineapple, WG Cheese Bread	9. B WG Long John, Juice, Apple L. WG Grilled Cheese, Corn, Fresh Broccoli, Mixed Fruit, WG Baked Chips	10. 
11. Chef Salad or WG Pizza offered as an alternative lunch entrée for 7-12. Low Fat or Fat Free flavored or unflavored milk is offered at all meals.	12. L. Walking Taco/Chili Con Carne/Cheese/WG Corn Chips, Cooked Carrots, Peas, Mandarin Oranges	13. B Scrambled Eggs, WG Toast, Juice, Orange L. Mr Rib/WG Bun, Baked Beans, Oven Fries, Rosy Applesauce	14. B WG French Toast, Juice, Banana L. WG Chicken Nuggets, Broccoli/Cheese, Coleslaw, Strawberry/Banana, WG Roll	15. WG Bkf Pizza, Juice, Apple L. Maidrite/WG Bun, Corn, Green Beans, Peaches, Chocolate Cake	16. B WG Muffin, Juice, Orange L. WG Cheese Pizza, Romaine Lettuce, Carrot Sticks, Fruit Smoothie, WG Cookie (3 rd grade menu pick)	17. 
18. We will be selling a la carte items during breakfast and lunch if your child would like to purchase these items. Make sure have money in their accounts.	19. L. WG Corn Dog, Corn, Green Beans, Peaches, WG Rice Krispie Bar	20. B Sausage, WG Toast, Juice, Apple L. WG Chicken Patty/WG Bun, Broccoli/Cheese, Savory Carrots, Pineapple	21. B WG Pancake Stick, Juice, Banana L. WG Pork Chop, Mashed Potato/Gravy, Peas, Pears, WG Roll	22. B WG Bkf Patty, WG Toast, Juice, Orange L. Nacho Grande/Cheese/WG Tortilla Chips, Romaine Lettuce, Carrot Sticks, Fruit Smoothie	23. B WG Long John, Juice, Apple L. WG Fish Poppers, Baked Beans, Oven Fries, Rosy Applesauce, WG Scooby Doo Snacks	24. 
25. We do serve breakfast on Monday for those who sign up at elementary.	26. L. WG Chicken Crispeto, String Cheese, Corn, Green Beans, Mandarin Oranges	27. B WG Bkf Pizza, Juice, Orange L. Hamburger/WG Bun, Oven Fries, Cooked	28. NO SCHOOL	29. NO SCHOOL.	30. NO SCHOOL	31. 

		Carrots, Peaches				
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